Peter Victor SENSES

Hearing, seeing, feeling, smelling and tasting These five senses Are by design Fences

By design They confine and blind Us, and occupy Our mind

Occupy With blinders in place Keep the horse in the barn – at all costs Far from the open plain

Where s/he would run wild and free Without a care Everywhere Driven by senses

Of the outside Wild Free Without a care

Everywhere Hearing the silence Seeing the shadows Feeling

New And reborn Smelling the colorful explosion Of a new morn

Tasting Love But Wait!

Hear me Come back! Look at yourself

Please

How do you feel? In response I glance down in submission At the stained and faded tile at my feet

I taste The back of my throat Dry And sore

So sorry It must have been a dream Both I fear

Light Blue Sense filled Pleasantness Emptiness

They know I am present And are pleased As am I With the being

One with All Knowing Love

Knowing Now That is all In this light blue emptiness

Standing alone Without a trace, without a shadow Understanding finally The finality

Of my truths

THE BIRD CAGE

Tiny orange feet Wrapped tightly around the perch Swinging slow As sunlight glinted Off ornamental gold colored bars An occasional whistle And fragments of song Pierced the silence Black eyes Jerked around the room The food dish Three quarters full The water Full to the top A paper clip Firmly held the door in place The large windows Were splashed with bright sunlight Towering green trees Could be seen in the distance Water could be heard A river far away But to her It was only noise Of course She would not know Or recognize The sound She sidestepped nervously on her perch She could hear the voice She knew so well "I do not want to sell her" She knew not the words

Only the distress In the voice She hopped off the perch Climbed up the side of the cage And began nervously pecking at the paperclip That held the door Firmly closed Another known voice "We will be back soon, Please do not give us a hard time about this" Then silence Broken only by An occasional whistle And fragments of a nervous song The footfalls echoed off The polished wooden floor He sat at the table in front of her cage Tracks of tears Could be seen on his cheeks She whistled And sidestepped nervously Without a sound He stood and gripped the top handle of the cage And began carrying it to towards the large sliding glass door She chirped in alarm, while struggling to keep her balance The door slid open and sunlight, warmth and breeze rushed through her cage Ruffling her feathers...and her mind Her cage swung from the end of his arm As he walked to the table In the center of the manicured lawn With a soft bang her cage was placed in the center He again sat in front of her cage Paused, then reached for the paperclip He unfastened the paperclip and opened the door

Excitement and fear rushed through her body The wind whistled The song of the river was louder now A dog barked somewhere in the distance "Go, you are free" Free to finish your song Free to fly where you choose Free to succeed Free to fail Free to be hurt Or killed Free to create An entirely new being, "Go" he yelled again He stood and backed away from the open door Slowly the excitement within her began to subside Leaving in place Only the fear The boy waved his hand in disgust and walked away She whistled Fragments of a nervous song A large shadow approached The whisper of a new voice was heard "Shee...it" The door was gently closed and the paperclip refastened Then louder As the cage was lifted "I will take good care of her."

THE MIRROR OF TIME

I step to the mirror, see the reflection Younger than before When I step away It is gone

Yet I remain in all my joy and pain I look at my hands and understand Only the reflection Nothing has vanished

A day is born I step away And it is gone I now know

Only the reflection Nothing has vanished I step back to the mirror And am younger than before

I look behind and see the crowds And wonder – what do they see Maybe it is a giant hoax The world plays on me

If so, it is a long game I play without haste But I remain in wonder At the beauty of your face

I step to the mirror in low light And see the reflection young I pause, put finger to my tongue And then begin to write

"Know as you read these words You live within me Your image dances in front of me – yesterday, today and tomorrow But I am too young now

Through the eyes of a child I see The world's great mistake Assigning importance To things that do not matter

What is truly important, I now know

Moist hesitant lips A deer running in new snow Round and rhythmic hips Dancing low and slow

A sunset over mountain and sea A fire on the beach These I freely offer Just do not look for me

I know I can only be trusted to hold That which grows within my soul This garden - takes all of my time now So with moist eyes and a low bow

I offer all I hold dear Love, light and happiness And final words Whispered in your ear

To thee,

Love me"