Mark Pawlak Quoddy Journal III

"My Glass, being opposite to the Window, I seldom shave without cutting myself. Some Mountain or Peak is rising out of the Mist, or some slanting column of misty Sunlight is sailing cross me; so that I offer up soap & blood daily, as an Eye-servant of the Goddess Nature." — *Samuel Taylor Coleridge*

Quoddy Journal III

20:VII:07 Six Acts

Distant headland haze-shrouded in first light.

Mist peels away slowly in bands to reveal the crown bristling with firs.

Fog thins while sun climbs, hand over hand, up a ladder of branches.

Later, the jagged shoreline.

Later still, the hammered silver bay.

Splashes of molten gold close the show.

* 21:VII:07

Sweet fragrance of pink and white beach roses mingled with essence of pine sap is my preference in cologne.

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22:VII:07

Rental

Hand painted Stars & Stripes decorate tissue boxes in every room. White porcelain beer mugs, inscribed "NATIONAL GUARD," stand on a shelf above the kitchen range, three to each side, flanking a beer stein with America's eagle in bas-relief, wings spread wide against a background of flags. "REENLIST" in red letters on a blue banner wraps around its base: "REENLIST," "REENLIST," "REENLIST." Another banner circles the lip. "WARRIORS, " it says, "FIT TO FIGHT," "BE ALL YOU CAN BE." Whose house this is? Why, it's The Colonel's House.

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24:VII:07

Morning After

Although dark clouds gather behind my back, I choose to ignore them.

Instead, I pin my hopes on the risen sun that right now sits skewered on the tip of a spruce.

Bushes that have grown up since this cabin was built whisper conspiratorially.

A breeze animates their leaves, revealing silvered undersides while two birches scratch each other's back.

Beyond the forested ridge, the chain saw that woke me has given way to a backhoe, dropping boulders into truck beds.

Man-boy, sound asleep under quilts in the loft, I know that you don't really "hate" me, or wish to "murder" your mother.

* 25:VII:07

Constitutional

Close book, lace up shoes, step outdoors, following the rain-rutted gravel lane downhill to its terminus at the asphalt road along whose crown a jagged seam runs trailing off to crumbled shoulders.

Cautiously descend the steep bank tracing a path through tall grasses, sporting seedy heads, where someone previously high-stepped. Pause at the rocky berm

bordering mud flats and weed-wigged rocks this being low tide. Breathe deeply, the rank salt air.

Notice that even pebbles cast long shadows in slant morning light. Observe the bent figures standing in waders, raking muck for clams under the supervision of blue herons.

Start back, returning the same way, but a different person than you came.

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27:VII:07

A discarded chips bag lying on the road shoulder mustard-color with LAYS written in white script across a bright red banner

cannot compete with Hawkweed's yellow petals, with Bird's-foot Trefoil, Evening Primrose; or the abundant Buttercups, sunniest yellow of all.

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28:VII:07

Starting from bottom of the drive, travel the winding ribbon of asphalt hemmed in by scrub brush and stunted conifers that is Boot Cove Road, enjoying its gentle, roller-coasting dips and rises. Turn in at the turnout where a wooden sign fixed to wooden post announces Boot Head Preserve. Follow the path, wending through moss carpets, quaking bog, stands of dwarf fir and lichen mottled spruces, to where it emerges in Hopperesque light at eponymous Boot Cove. Note the lone clapboard house perched above tide-line in the crotch where sheer bluff meets curvant beach; note also the ancient weir, half submerged; the moored Jon boat whose stern the waves slap. Pick your way along the rocky shore strewn with hanks of frayed rope thick as your wrist, wood and Styro-foam lobster buoys torn loose from pots, ("How do they make Styrofoam, Dad?"), sun and salt bleached planking, and storm tossed tree limbs wedged between boulders. Follow the shoreline, huffing upland to the bluff trail that hugs the high head all the way to Brooks Cove. Pause. Take in the ocean's expanse, the sea's languorous swells. Appreciate the solemnity of dead firs stripped bare of leaves and bark-silvery sentinels, overlooking craggy notches, where thunderous waves crash below.

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30:VII:07

Waves crawl up the steep berm flipping round flat stones heads over tails, then retreat, claws extended, kneading sand.

Giggling children run down to water's edge, then turn tail, screaming with delight at cold foam's caress.

You, meanwhile, snooze and read, read and snooze, umbrella shading your head

from high noon sun, sizzling sand's heat penetrating the blanket you lie upon.

The frigid sea beckons, but you decline the invitation, knowing better—a fist to the chest that would take your breath away.

To leave or stay, that it is the question? Flip a coin; heads or tails. You call it, I say. Your nearness is all I require.

To stay or to leave? You call it. Your nearness is all that I require

31:VII:07

Q: What do Revlon nail polish and Buick automobiles have in common?
A: Pearl essence, derived from Lubec herring scales, supplies the shine.
-#16, from "Things About Lubec You Didn't Know Till Now!"

Where visitors from away (us among them) now wander the sleepy main street, herring, purse-seined in Nova Scotia, were once off-loaded by the hogshead via wooden sluice into these rickety, plank and beam structures perched on pilings. First brined in salt-crusted tubs that needed regular "spudging," the fish were then "sticked" through gill and mouth in strings of twenty and left to drain on racks. Carted to the smokehouse, the strings were then lofted to the rafters and slowly cured over charcoal fires, dusted with sawdust set to smolder with a splash of kerosene. Taken down after the flesh had turned golden, finally, the heads and tails were removed with sharp scissors by women, wearing leather aprons, who "skunned" and packed them in wooden boxes lined with wax paper. Men down the line men nailed on lids and stamped the boxes for shipment to New York, Boston, San Francisco, San Juan, Puerto Rico: *McCurdy's Smoked Atlantic Herring, Lubec, Maine.*

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1:VIII:07 Cloud Inventory

Rude-boy clouds blown in by the West Wind, sporting Mohawk hairdos.

Rubenesque billows at sunset full figures softened by the roseate glow.

Wads of cotton batting, wind-pasted to the ridges of Grand Manan's distant bluffs. Wispy strands, high above the horizon,combed back for that period look in a Pat Boone flip.

3:VIII:07

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Days of cloudless skies and cut glass air now are distant memories obscured by draperies of mist, alternating with fog fog "thick as oatmeal with a splash of milk stirred in."

Fisherman ahead of me at the gas pump, taps last drops from the nozzle, fixes me with his gaze and, without cracking a smile, offers: "Best two weeks all summer."

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Coda:

"The summer visitors come to town with a clean shit and a ten-dollar bill, and never change either all summer."—Lubec saying *from 200 Years of Lubec History*, 1776-2006.