

Wilderness House Literary Review 3/4

Zoe Turtle

a change

a breath of creativeness
falling into
the holes in my shoes

zooming through
my heart and up into
my brain

it takes over my senses
changing my view

and I am
engulfed in passion

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finally there

coldness swept over me
like a blanket of snow
energizing my muscles
and nerves
lending me adrenalin

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not me

playing beautifully

body on automatic
I become in a state

not my own

I feel as if in third person
my body, mind,
and actions, separated

no one notices

life goes on