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Ed Meek Sail Away

5000 years ago
Mesopotamian square sails
propelled boats
as long as the wind lasted.
Egyptians added oars
manned by slaves
to take up the slack.
Arabs rigged their sails
to split the wind, tack and jibe,
while Vikings molded the hull with a keel
that cut waves down to size.

These boats were the bridges that connected the dreams of civilizations—old worlds and new...

Today to sail means to dream of leaving land behind to skim the surface of the water like flying fish.

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Great Blue Heron

The town had cleared the overgrown banks of Pine Tree Brook, leaving a swath wide enough for walking. I was on my way to Pope's Pond where no-one ever seems to go though the woods are littered with empty cans of beer, paper scraps and broken glass. I was looking at my feet, engrossed in thought. I must have startled the heron from his perch on the bank overlooking the brook in search of fish, frogs, mice and birds naïve enough to come too close. He skipped directly across my path on those crazy stick-like stilts, yellow beak level with my chin. He lifted his wings--wide as I am tall and carried his airy body aloft to the branch of a birch. He was bigger than a swan with none of the swan's elegant beauty. He stared at the brook and squawked like a crow with a cold. Ugly and ungainly as he was, it was grand to get so close to a great blue heron in the suburbs, and yet it was strange, crossing the line between his world and mine.

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Killdeer at Stonehill

In June, robins hunt field mice in the quad. A mockingbird fools a cardinal into thinking he has friends in the area. I see a killdeer-farmbird returning to the site of a former farm-resting under a maple; I creep up to get a better look, expecting she'll take off, yet she remains and begins cheeping in protest-Deeyee, she says, deeyee. I see the fear and anger in her eyes and spot the four grey speckled eggs in the nest behind her.

Suddenly I remember driving along old 6A on Cape Cod. The car in front stopped short;
I swerved around to his left
hitting my brakes too late when I saw
the mother and six ducklings
waddling single-file across the road.

I won't harm your eggs, I tell the killdeer, backing off. They're safe, I tell her, for now.